

CACI - Hypertension Worksheet

(Updated 04/13/2022)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. HOWEVER, the AME is not required to review a Clinical Progress Note from the treating physician IF the AME can otherwise determine that the applicant has had stable clinical blood pressure control on the current antihypertensive medication for at least 7 days, without symptoms from the hypertension or adverse medication side-effects, and no treatment changes are recommended. If the applicant **meets ALL the acceptable certification criteria** listed below, the AME can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician or the AME finds the condition stable on current regimen for at least 7 days and no changes recommended.	<input type="checkbox"/> Yes
Symptoms	<input type="checkbox"/> None
Blood pressure in office	<input type="checkbox"/> Less than or equal to 155 systolic and 95 diastolic (Although 155/95 is acceptable for certification, the airman should be referred to their primary provider for further management, if the blood pressure is above clinical practice standards)
Acceptable medication(s) See Pharmaceuticals - Antihypertensive	<input type="checkbox"/> Combinations of up to 3 of the following: Alpha blockers, Beta-blockers, calcium channel blockers, diuretics, ACE inhibitors, ARBs, direct renin inhibitors, and/or direct vasodilators are allowed. NOT acceptable: Centrally acting antihypertensive (ex: clonidine)
Side effects from medications	<input type="checkbox"/> No

AME MUST NOTE in Block 60 one of the following:

- CACI qualified hypertension. (Documents do not need to be submitted to the FAA.)
- Has current OR previous SI/AASI but now CACI qualified hypertension.
- NOT CACI qualified hypertension. I have deferred. (Submit supporting documents.)