

## CACI – Chronic Immune Thrombocytopenia (cITP) Worksheet

(Also known as idiopathic thrombocytopenic purpura, immune thrombocytopenic purpura, or autoimmune thrombocytopenic purpura (AITP).)

(Updated 04/27/2022)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the AME can issue. Applicants for first- or second-class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION
The treating physician's current, detailed Clinical Progress Note verifies: <ul style="list-style-type: none"> <li>• The condition is CHRONIC ITP* and platelet counts are stable above 50,000/microL;</li> <li>• It has been more than 12 months from diagnosis;</li> <li>• No history of bleeding episodes that required medical attention ever (medication, IVIG, etc.);</li> <li>• No splenectomy required for treatment;</li> <li>• No current use of antiplatelet agents (NSAIDS, ASA, gingko biloba) or anticoagulants;</li> <li>• No increased risk of bleeding (ulcer, high fall risk); and</li> <li>• No treatment changes recommended.</li> </ul>	<input type="checkbox"/> Yes
Back to full, unrestricted activities.	<input type="checkbox"/> Yes
Current treatment:	<input type="checkbox"/> None
CBC within the last 90 days shows a platelet count of 50,000/microL or higher AND no anemia or leukopenia	<input type="checkbox"/> Yes

**\*Notes:** Chronic ITP defined as more than 12 months from diagnosis. Any recurrence, bleeding that requires treatment, or platelet count drops below 50,000/microL OR if any surgery or invasive procedures are performed, the airman should not fly in accordance with 61.53.

**AME MUST NOTE in Block 60 one of the following:**

- CACI qualified cITP.
- Has current OR previous SI/AASI but now CACI qualified cITP.
- NOT CACI qualified cITP. I have deferred. (Submit supporting documents.)