

CACI - Arthritis Worksheet

(Updated 04/13/2022)

To determine the applicant's eligibility for certification, the AME must review a [current, detailed Clinical Progress Note](#) generated from a clinic visit with the treating physician or specialist **no more than 90 days prior** to the AME exam. If the applicant **meets ALL the acceptable certification criteria** listed below, the AME can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician finds the condition stable on current regimen and no changes recommended	<input type="checkbox"/> Yes
Symptoms	<input type="checkbox"/> None or mild to moderate symptoms with no significant limitations to range of motion, lifestyle, or activities
Cause of Arthritis *OA - see Arthritis Disposition Table CACI may not be required.	Acceptable causes are limited to: <input type="checkbox"/> Osteoarthritis* and/or <input type="checkbox"/> Autoimmune to include only the following: Rheumatoid (limited to joint), Psoriatic, or Ankylosing Spondylitis
Lab	<input type="checkbox"/> NSAIDS or steroid only - no lab required Or <input type="checkbox"/> Normal CBC, Liver Function Test, and Creatinine within the past 90 days
Acceptable Medications	<input type="checkbox"/> One or more of the following: <ul style="list-style-type: none"> • Oral steroid which does not exceed equivalent of prednisone 20 mg/day (see steroid conversion calculator) • NSAIDS • Methotrexate • Hydroxychloroquine/ Chloroquine (Plaquenil/Aralen) see mandatory status report requirement below** • Only ONE of the following - with required no-fly time after each use: <ul style="list-style-type: none"> ○ Adalimumab (Humira): 4-hour no-fly ○ Apremilast (Otezla): n/a ○ Etanercept (Enbrel): 4-hour no-fly ○ Infliximab (Remicade): 24-hour no-fly ○ rituximab (Rituxan): 72-hour no-fly ○ secukinumab (Cosentyx): 4-hour no-fly
** STATUS REPORT is required if Hydroxychloroquine (HCQ)/ Chloroquine (CQ) (Plaquenil/Aralen) is used.	<input type="checkbox"/> Hydroxychloroquine (HCQ)/ Chloroquine (CQ) Status Report (Plaquenil/Aralen) is favorable and no concerns OR <input type="checkbox"/> N/A (NOT taking hydroxychloroquine/chloroquine [Plaquenil/Aralen])

AME MUST NOTE in Block 60 one of the following:

- CACI qualified arthritis. (Documents do not need to be submitted to the FAA.)
- Has current OR previous SI/AASI but now CACI qualified arthritis.
- NOT CACI qualified arthritis. I have deferred. (Submit supporting documents.)